

# Mountain Wellness Activities



## Melukat Ceremony

Rooted in Balinese Hinduism, this practice dates back centuries, honoring nature's sacredness. Holy springs like Pura Tirta Sudamala and coastal sites in Tejakula are believed to hold healing energy.



## Sunrise Sailing

Set sail on a traditional Balinese boat as the sun paints the sky in shades of gold and crimson.



## Snorkeling

Tucked away in the north of Bali, Amed is a hidden gem that many travelers have yet to discover. Beneath its crystal clear waters lies a breathtaking coral reef a vibrant world teeming with life.

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## Mala Beads

Enjoy the session at the resort for a relaxed and comfortable experience.

Get the creative juice flowing as you make your own mala necklace.

## Traditional Balinese Photoshoot

Enjoy the session at the resort for a relaxed and comfortable experience.

Step into the elegance of Balinese heritage as you dress in exquisite traditional outfits, carefully selected to match your style and preference.